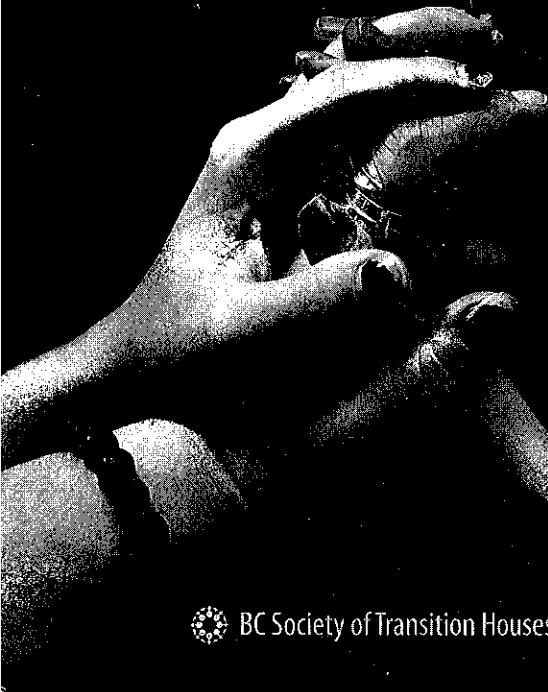




# END VIOLENCE AGAINST WOMEN

be the change  
you want to see

Gandhi



BC Society of Transition Houses



## Signs of Abuse

If you recognize some of these signs,  
it may be time to take action

### She

Is apologetic, makes excuses for his behaviour or  
becomes aggressive and angry

Is nervous talking when he's nearby

Seems to be sick more often and misses work

Tries to cover her bruises

Makes excuses at the last minute about why she can't  
meet you or she tries to avoid you on the street

Seems sad, lonely, withdrawn and is afraid

Uses more drugs or alcohol to cope

You may feel it's none of your business.  
However,

It could be a matter of life or death.

Violence is everyone's business.

It isn't a private matter  
when someone is being hurt.

For assistance

**Women's Contact Society**  
**301-19 North First Avenue**  
**Phone: 250-392-4118**