


# Early Childhood Activity Calendar

**FREE Activities for ages 0 - 6 years in the Williams Lake Area**



## October 2014

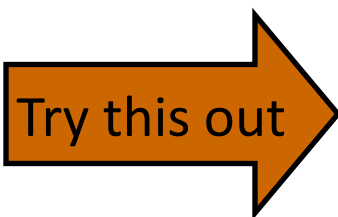


ACTIVITY	DATE	LOCATION	TIME	CONTACT
Strong Start Early Learning <i>Parent Participation</i> Ages 0-5 years Closed for Pro-D Day October 24, 2014	Mon - Fri Mon - Fri Mon - Fri Monday Tuesday/Thursday Wednesdays	Marie Sharpe School Cataline School Mountview School Alexis Creek School 150 Mile School Horsefly School	9 am - 12 pm 9 am - 12 pm 8:30 am - 11:30 am 9 am - 12 pm 8:30 am - 11:30 am 9 am - 12 pm	250-398-3843 250-392-7154 250-392-7344 250-394-4346 250-296-3356 250-620-3438
Strong Start Halloween Party	Friday October 31	Boitanio Park	10:00 am - 12:00 pm	250-398-3839
All Ages Story Time Drop In (children under 3 must bring a parent)	Wed and Fri. 1, 3, 8, 10, 15, 17, 22, 24, 27, 30	Public Library	10:30 am - 11:15 am	CRD Library 250-392-3630
<b>NOTE: CLOSED OCTOBER 13, 2014 FOR THANKSGIVING</b>				
Rhyme & Roll Drop In	Thursdays	CCRR Boardroom	10:00 am - 11:00 am	CCRR 250-392-4118
Lift the Lip Clinic	Contact Interior Health	Interior Health	-	250-302-5030
Prenatal Breastfeeding	Contact Interior Health	Interior Health	Contact Interior Health	250-302-5000
Infant Massage	Tuesdays	Pregnancy Outreach Program	1:00 pm - 3:00 pm	250-392-3583

### Hanging Bat Craft for Kids

Materials needed:

- Cardboard tube (toilet paper roll)
- Tempera Paint (Black or brown and a paint brush)
- Construction paper
- Pipe cleaners
- Scissors
- Single hole punch
- Glue
- Googly eyes
- Marker
- Bat wing template (optional)



## Cloud Catching

Read the poem "Clouds," then toss the scarf (Cloud) in the air and let it fall to the ground. Try Catching the "cloud" with different body parts: head, knee, back, foot. Invite your child to suggest other possibilities...elbow? Bottom? Chin?



### Clouds

White sheep, white sheep  
On a blue hill,  
When the wind stops  
You all stand still.  
When the wind blows  
You walk away slow.  
White sheep, white sheep,  
Where do you go?  
~ Christina G. Rossetti



## Going trick-or-treating?

**S**words, knives, and similar costume accessories should be short, soft, and flexible.

**A**void trick-or-treating alone. Walk in groups or with a trusted adult.

**F**asten reflective tape to costumes and bags to help drivers see you.

**E**xamine all treats for choking hazards and tampering before eating them. Limit the amount of treats

**H**old a flashlight while trick-or-treating to help you see and others see you. Always WALK and don't run from house to house.

**A**lways test make-up in a small area first. Remove it before bedtime to prevent possible skin and eye irritation.

**L**ook both ways before crossing the street. Use established crosswalks wherever possible.

**L**ower your risk for serious eye injury by not wearing decorative contact lenses.

**O**nly walk on sidewalks whenever possible, or on the far edge of the road facing traffic to stay safe.

**W**ear well-fitting masks, costumes, and shoes to avoid blocked vision, trips, and falls.

**E**at only factory-wrapped treats. Avoid eating homemade treats made by strangers.

**E**nter homes only if you're with a trusted adult. Only visit well-lit houses. Don't stop at dark houses. Never accept rides from strangers.

**N**ever walk near lit candles or luminaries. Be sure to wear flame-resistant costumes.

## Legs are heavy, legs are light

Play follow-the-leader while you chant and your toddler follows your actions around the room or outside.

### Walk on

Marching, marching, stomp your feet, (march with high knees and heavy feet)

Swing your arms right to the beat; (swing arms)

Tippy-toe, tippy-tow, light as air, (light and fast on tippy-toes)

Don't wake the baby sleeping upstairs. (put index finger over mouth to show being quiet)



## Positive Action<sup>®</sup>

### WORD OF THE WEEK

**Oct. 6:** Persistence: To work step-by-step towards a goal.

**Oct. 13:** Goals: Dreams you want to reach

**Oct. 20:** Success: To feel good about who you are, what you do, and how you treat others

**Oct. 27:** Opportunities: Chances to improve.

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only \$30.00 per year for  
toy, book and equipment  
lending!